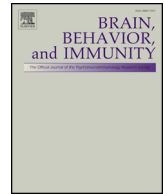




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## Corrigendum

## Corrigendum to “Insight meditation and telomere biology: The effects of intensive retreat and the moderating role of personality” [Brain Behav. Immun. 70 (2018) 233–245]

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The authors would like to make the following corrections to Table 1: 1) Telomerase activity means given in the table are raw values, but were incorrectly labelled as natural log (ln) transformed values; 2) The

*n* for retreat group telomere length at post-assessment should be 97, and the *SD* = .25; 3). Finally, the following text was incorrectly omitted from the caption: “Telomere length means represent unweighted group

**Corrected Table 1**

Descriptive statistics for telomere length, telomerase activity, and self-report measures.

	Pre-assessment				Post-assessment					
	Alpha	Control		Retreat		Alpha	Control		Retreat	
<i>n</i>		Mean ( <i>SD</i> )	<i>n</i>	Mean ( <i>SD</i> )	<i>n</i>		Mean ( <i>SD</i> )	<i>n</i>	Mean ( <i>SD</i> )	
Telomere length (t/s)		132	1.11 (0.19)	106	1.16 (0.24)	110	1.10 (0.19)	97	1.22 (0.25)	
Telomerase activity		32	10.57 (7.86)	28	8.26 (6.73)	27	9.09 (7.73)	26	6.21 (3.08)	
Personality (BFI; 1–7)										
Neuroticism	0.90	30	3.4 (1.4)	26	3.6 (1.2)	0.89	27	3.1 (1.4)	25	3.5 (1.1)
Agreeableness	0.71	30	5.2 (0.9)	26	5.5 (0.5)	0.77	27	5.4 (0.9)	25	5.7 (0.6)

(continued on next page)

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Corrected Table 1 (continued)

	Pre-assessment					Post-assessment				
	Alpha	Control		Retreat		Alpha	Control		Retreat	
		<i>n</i>	Mean (SD)	<i>n</i>	Mean (SD)		<i>n</i>	Mean (SD)	<i>n</i>	Mean (SD)
Conscientiousness	0.85	30	5.5 (1.0)	26	5.5 (1.0)	0.86	27	5.3 (1.0)	25	5.6 (0.9)
Openness	0.80	30	5.5 (0.8)	26	5.5 (0.7)	0.78	27	5.6 (0.8)	25	5.6 (0.8)
Extraversion	0.81	30	4.5 (1.1)	26	4.3 (1.0)	0.79	27	4.6 (0.8)	25	4.3 (1.0)
Trait anxiety (STAI; 1–4)	0.94	30	38.3 (11.3)	28	38.2 (9.4)	0.94	27	38.0 (12.0)	25	35.2 (6.7)
Depression (CES-D; 0–3)	0.89	30	13.0 (9.1)	27	13.5 (8.4)	0.88	27	13.9 (11.1)	25	13.5 (6.9)

*Note:* Telomere length means represent unweighted group means. Due to variability in the number of available t/s ratios across participants, these values will differ slightly from the model means represented elsewhere. For telomere length, *n* corresponds to the number of t/s values (across runs) used in multilevel analyses; for all other measures *n* corresponds to the number of participants. The number of participants for telomere length is equivalent to the number of subjects for whom telomerase values are available at each assessment. Converting t/s ratios to base pairs [ $\text{bp} = 3274 + 2413 \cdot (\text{t/s})$ ] and then dividing by 1000 yields the following mean base pair estimates: Control = 5.95 kilo base pairs (kbp) at pre-assessment and 5.93 kbp at post-assessment; Retreat = 6.07 kbp at pre-assessment and 6.22 kbp at post-assessment.

means. Due to variability in the number of available t/s ratios across participants, these values will differ slightly from the model means

represented elsewhere.” The authors apologize for any confusion these errors have caused.